the life

FIVE THINGS to do this week

Finish off the last bits of Christmas decorating so you can sit back and enjoy the run up to December 25, Noone wants to be busy decorating in the last couple of days before Christmas – those days are for last minute shopping!

Post your Christmas cards especially the overseas ones. The last day for posting standard letters or post to Britain and Europe is December 18 while you can send to family and friends in the Republic of Ireland until December 19. If you leave it late send by Express Post which can be sent hits screens this weekend. up until December 22. For a list

See top notch music talent on Saturday at Midnight @ The Olympia when Bell X1 will take to the stage. Doors open at 11pm and there are still a limited number of tickets left

of dates check www.anpost.ie

for the special gig are still available. The brilliant live band are sure to add some cheer to the season.



Treat yourself to the second installment of Sherlock Holmes on the big screen from Friday. In the follow-up to the 2010 smash hit, Robert Downey Jr and Jude Law return as Sherlock Holmes and Dr Watson. Sherlock Holmes: A Game of Shadows

Visit the picturesque Winter Wonderland in Corkagh Park on Sunday December 18. The SDCC event will see Santa greeting visitors from his High Throne, the snow queen, elves, a real live reindeer and plenty of refreshments and hot food. The event is ticket only but there is no fee for the tickets. For more information visit www.sdcc.ie.

www.echo.ie

RIDAY December 23 is set to be a big day for West Dublin Access Radio with a special Christmas Show broadcast throughout the afternoon.

The Christmas Show will take place from 12 o'clock to 4pm on the station's last day of broadcast before the Christmas break.

Local bands and acts will be in the studio to chat and play some live music as well as a range of other music from a selection of artists.

Presenter of the show Keith McLoughlin is "really looking forward" to the show with plenty of new

WDAR looks out for the smaller guy

radio throughout the year.

The Session Suite with Frank Phelan on Tuesdays from 2.30pm to 3.30pm and During the Week with Ballyfermot native Keith on Wednesdays from 4pm to 5pm both give artists the

chance to come on air to chat and play live music.
The local station also offers a huge opportunity for new and emerging artists to get some airplay.

Keith said: "There is an opportunity for unsigned artists to get their music played on The Unsigned Music Chart Show on Thursdays from 4pm to 5pm. The show picks 10 artists each week for the public to vote on with the Top Five in the chart getting a spin each week. The chart is rotated each week with the bottom five artists taken out and a fresh five put in.

"It's great because it is up to the fans of artists to vote for their favourite acts to keep them in the chart



BRINGING CHRISTMAS CHEER: WDAR's Keith McLoughlin looking forward to December 23

for as long as possible. Some acts may only get one week in the chart while others may get a few weeks in

Artists interested in appearing on the chart or getting airplay should contact Trevor Halpin of Music Review Unsigned who runs the programme for WDAR.

Keith got involved with Music Review Unsigned earlier this year when he co-hosted the show.

He said: "It all came about when the station, along with RAPID, organised Ballyfermot Rocks in August. [Myself] and Trevor teamed up to organise acts for the event which saw 30 artists play over one day in the Ballyfermot Road Park beside the Civic Centre on the

For more information on what is going on in WDAR and MRU see www.wdar.ie and musicreviewunsigned.com

The Poet's Corne

In the long run by Ann Marie Mullen

Smelling sweetly of face cream and soap she said my name with love. Touched my hand, looked into my face, cared about my reply.

With clear eyes, a smiling mouth, curly red hair tied softly with a black ribbon at the nape of her neck.

And a voice with no indignation anger or rage, only friendliness she inspired me, showed me beauty, creativity. gave me hope.

Found her way into my heart where she remains to this day.

Miss Curran, my first teacher at primary school, who left a lasting impression, changed me and my world for the better. really did make a difference.

I am new to writing. I write to remember the past, to chronicle my daily life and the life of my loved ones, to express my hopes and passions and to understand my emotions.

My main interest in it is the creative/emotional release and joy it brings to me and I hope it will continue to be this way.

Every week I write a new piece of prose or poetry which I take to The Virginia House Creative Writers Group which meets in Rua Red on a Friday night.

That night has become the highlight of my week.

The friends I have made there give me encouraging feedback and positive criticism on my work and I truly treasure being a member

I find the feedback of the group encouraging and a great help for my creative development.

Ann Marie Mullen



REMEMBERING THE PAST: Writer Ann Marie Mullen



© 2004. McClausalaf e. Alti reference-corrant-and-width as "Mit are trademantic of McClausalaf is Congruence.

© 2004. McClausalaf e. Alti reference-corrant-and-width as "Mit are trademantic of The Clausa-Collag", "del College", "del College" and Dynamic Ribbbon are registered trademantic of The Clausa-Collag Company.